Positive Actions for People, Nature, & Climate

A community-based, Carbon Literacy® course

Certified Carbon Literate

Find out more about equality, nature & climate, eg using WWF | FOOTPRINT CALCULATOR

Learn how to make sense of conflicting information, & have well-informed conversations.

Share experiences of lower bills, warmer homes, better health, as well as possible barriers associated with the following positive actions:

Food

- Eating less, but better beef, chicken, fish, dairy, etc, similar to a Mediterranean diet
- Only buying food you know will be eaten
- Supporting local farmers & growers

Home

- Improving insulation, draught-proofing & ventilation
- Checking if your house is suitable for a heat pump
- Considering solar panels / battery storage

Travel

- Walking, cycling, using public transport where possible
- Considering an electric car / car-sharing
- Flying less

Stuff

- Choosing items with less packaging
- Buying fewer than 3 new clothes a year
- Keeping electronics for over 7 years
- Repairing & repurposing stuff

Community, Nature & Money

- Gardening for nature, & growing some of your own food
- Choosing sustainable banks & pensions
- Talking to friends, councillors, MPs, in fact everyone!
- Joining local groups

Carbon Literacy is certified by the Carbon Literacy Project - recognised by the Paris Agreement as one of 100 Transformative Action Programs.
Over 140,000 people in 45 countries are Carbon Literate.

drwatson.eco delivers Carbon Literacy in groups of about 5, over 8 hours/3 workshops, online or in person, & supports you to develop 2 low-carbon actions for certification.

Currently Free! ~~£100 per person~~ + £10 certification.

For more info, please email drwatson.eco@gmail.com or scan the QR code to sign up to updates on this & more, from West Berkshire Green Exchange.

West Berkshire Green Exchange