

# Reduce Reuse Recycle in West Berkshire

## Reduce

- Research how an item can be repaired or recycled before buying. Eg *Which* (online through libraries) & *Ethical Consumer*
- Avoid single-use packaging - take your own containers & bags, & shop at refill stores
- Be sceptical of advertising & offsetting claims
- Start conversations about sharing items & making well-informed purchases

## Reuse

- Repair or repurpose items, eg Repair Cafes, sewing groups.
- Buy, sell or offer for free in second-hand shops, websites & specialist organisations. Eg, eBay, Facebook marketplace, Freegle, Freecycle, Green Machine Computers in Ramsbury, The Clothing Warehouse & Community Furniture Project in Newbury.

The more we **Reduce Reuse Recycle** the less fossil fuels & other raw materials eg metal & water, are used.

## Recycle

### Kerbside Recycling

Paper & cardboard

Glass, can leave lids on


Aluminium & steel cans

Plastic bottles, & food pots, tubs, & trays

Textiles (clean bed sheets, duvet covers & clothing), put in a clear bag for collection

Garden waste, ~£55/year

Batteries, in a clear bag on top of black bin

Food waste, but not oils, liquids or fats. Put in kerbside caddies either loose, or in compostable bags with the seedling logo 

For more information about West Berkshire Council waste services:

- [www.westberks.gov.uk/recycle](http://www.westberks.gov.uk/recycle)
- email [recycle@westberks.gov.uk](mailto:recycle@westberks.gov.uk)
- phone 01635 551 111

### Mini-recycling centres

Plastic bottles, & food pots, tubs & trays

Food & drink cartons eg Pringles tubes, TetraPaks

Small electrical items

Textiles (clean clothes, curtains, bedding, paired shoes, handbags & belts)

Paper & cardboard

**Household Waste Recycling Centres:** Newbury & Padworth, aka 'the tip/dump', collect all these items & more, eg light bulbs, paint, printer cartridges, home & garden chemicals, scrap metal.

### Other Recycling

[recyclenow.com](http://recyclenow.com), a government-funded website, gives local information.

Soft plastic.

Eg bread & crisp bags, bubble wrap, chocolate & biscuit wrappers, baby food, pet food & cleaning pouches, pasta & frozen food bags, cheese, fish & meat wrapping, cling film, film lids, but not biodegradable plastic is collected by most supermarkets.

Batteries in some shops.

Blister packs & toiletries containers in some pharmacies & vets.

Single-use coffee cups in some cafes.

Aluminium foil can be given to licensed metal recyclers.

**Items not easily recycled** (try to **reduce & reuse** instead): food-soiled items; animal-soiled litter; disposable nappies, menstrual & other hygiene products; polystyrene; heat-treated glass.

Don't 'wish-cycle' items you wish were recycled but actually aren't, as they need to be taken out (often at extra cost to council tax payers) or the processing factory may refuse the whole collection.